



**Co-Connect**  
empowering U

# "Living with COVID-19"

Informative workshop covering solution focus aspects of COVID-19 in our daily lives and to future travelling.

**Workshop 1**  
**12 February 2022**

**Workshop 2**  
**19 February 2022**

9:15am - 11:45am

Morley Library  
240 Walter Road, Morley

**Places are limited and based on first come first serve. Please book:**

<https://www.eventbrite.com.au/e/226933402917>

**For more information**  
[www.co-connect.org.au](http://www.co-connect.org.au)  
0435 628 802

WeChat



## **Workshop 1**

-Safety & Protection  
-Travelling



## **Workshop 2**

-Managing Stress  
-Exercise